

Saints Michael and Gabriel Antiochian Orthodox Church (SMG)

Antiochian Orthodox Archdiocese of Australia, New Zealand and the Philippines

Parish Priest: Rev Fr Michal Zghaib

72 Belmore St Ryde NSW 2112

Keep in touch with us: www.smg.org.au Archdiocesan Website: <https://www.antiochian.org.au>

Facebook: Sts Michael and Gabriel Orthodox Church;

SMG Playgroup Meadowbank; SMG OYYA

Rev Fr Michal Zghaib: 0403 847 690 or parishpriest@smg.org.au

Sunday, March 17, 2024; Tone 8 / Eothinon 8 Sunday of Forgiveness (Cheese Fare) Venerable Alexios the 'Man of God;' Patrick, bishop of Armagh and enlightener of Ireland

Welcome to SMG

Welcome to our parish and please stay after the Divine Liturgy to share in fellowship with us as we would love to get to know you better. During school term, your children are also welcome to join our Church School lessons, which takes place directly after the Divine Liturgy in the Parish house.

You will notice that at SMG we do not pass a plate collection, and that general donations and offerings can be placed in the donation boxes located at the candle stands as you enter the Church. Generally, our parishioners participate in the Financial Stewardship Program based on regular ongoing pledging.

We look forward to meeting you. And please feel free to take this bulletin home.

Today's Divine Liturgy

Refer p.11 of service book

Troparion for the Resurrection, in the tone 8

From the heights You did descend, O Compassionate One and You did submit to the three-day burial that You might deliver us from passions. You are our life and our resurrection, O Lord, glory to You.

Troparion of the Archangels tone 4

Commanders of the heavenly hosts, we who are unworthy beseech you; by your prayers encompass us under the wings of your incorporeal glory, and faithfully preserve us who fall down and cry out to you; deliver us from all harm, for you are the commanders of the powers on high.

Kontakion of Cheese Fare Sunday, in the Sixth Tone

O You Who guides to wisdom, and gives understanding and intelligence, the Instructor of the ignorant, and Helper of the poor, strengthen my heart and grant it understanding, O Master. Give me word, O Word of the Father; for behold, I shall not refrain my lips from crying to You, O merciful One, have mercy upon me who am fallen.

The Epistle

Prokeimenon : *Sing praises to our God sing praises O clap your hands all ye nations*

The Reading from the first Epistle of St. Paul to the Romans (13:11-14:4)

Brethren, 11 salvation is nearer to us now than when we first believed; 12 the night is far gone, the day is at hand. Let us then cast off the works of darkness and put on the armor of light; 13 let us conduct ourselves becomingly as in the day, not in reveling and drunkenness, not in debauchery and licentiousness, not in quarreling and jealousy. 14 But put on the Lord Jesus Christ, and make no provision for the flesh, to gratify its desires. 1 as for the man who is weak in faith, welcome him, but not for disputes over opinions. 2 One believes he may eat anything, while the weak man eats only vegetables. 3 Let not him who eats despise him who abstains and let not him who abstains pass judgment on him who eats; for God has welcomed him. 4 Who are you to pass judgment on the servant of another? It is before his own master that he stands or falls. And he will be upheld, for the Master is able to make him stand.

The Gospel

Refer p. 14 of service book

The Reading from the Holy Gospel according to St. Matthew (6:14-21)

The Lord said, "For if you forgive men their trespasses, your heavenly Father also will forgive you; but if you do not forgive men their trespasses, neither will your Father forgive your trespasses. And when you fast, do not look dismal, like the hypocrites, for they disfigure their faces that their fasting may be seen by men. Truly, I say to you, they have received their reward. But when you fast, anoint your head and wash your face, that your fasting may not be seen by men but by your Father who is in secret; and your Father who sees in secret will reward you. Do not lay up for yourselves treasures on earth, where moth and rust consume and where thieves break in and steal, but lay up for yourselves treasures in heaven, where neither moth nor rust consumes and where thieves do not break in and steal. For where your treasure is, there will your heart be also."

Important Messages

Confessions and prayer requests



Father Michal is available to hear confessions and receive prayer requests at any time during the week and weekend.

Please contact Fr Michal via mobile/ SMS on 0403 847 690 or email parishpriest@smg.org.au

SMG Financial Stewardship Program



The Financial Stewardship Program at SMG is a simple, practical and a Christian plan aimed at funding the operations of the parish and its ministry programs. Participation encourages us to express our financial commitment in a Christ-centred way as expressed in the scriptures and creates a predictable flow of income. For more information about our Stewardship Program or to start a regular pledge, please speak to SMG Treasurer, Marisa Gazaleh, or contact her via treasurer@smg.org.au. New pledging forms can be found at the entry of the Church.

Pledges and/or general donations can be made by EFT to the following bank account: Commonwealth Bank | Name: Sts Michael & Gabriel Orthodox Church | BSB: 062-310 | Account: 1012 8321

Our Liturgical Calendar and Events



To join our database, please complete the link below and select your areas of interest.

<https://antiochian.breezechms.com/form/smg>

Event details can also be found on our calendar here:

<http://smg.org.au/whats-oncalendar/>

Adult Bible study

Next session:

Fortnightly (Friday) at parish hall at 7.00 pm

For more information, please contact

Lydia Gore; 0404224060

or

Nada Saad |email <accounts@smg.org.au>



Ladies Auxiliary Bible study

Session are held every Monday at 10.30am. after the Paraklesis service. Hosted by Fr Michal.

For more information, please contact Fr Michal or Nouha on 0404 886 964



Orthodox Youth and Young Adults (OYYA) Bible Study and Spiritual Talks

Weekly Bible Studies and Spiritual Talks

For more information, please contact

Mary Khoury | marykhoury@gmail.com

| 0401 399 920

SMG Under 5's Playgroup



**ST MICHAEL AND GABRIEL
PLAYGROUP**
www.smg.org.au

Playgroup is held every Thursday during school term, 10.30am-12.30pm at Sts Michael & Gabriel Church hall 72 Belmore St Ryde

The playgroup is an informal gathering for parents and caregivers with children under the age of 5. All children must be supervised by an adult carer.

For more information please contact:

Dr Victoria Khoury on drvictoriajk@ihug.com.au or 0414 547 842. Facebook: SMG Playgroup Meadowbank.

Church



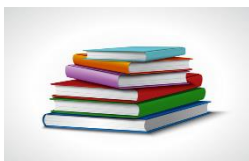
School

SMG Church School lessons are held in the parish hall after Divine Liturgy during school term. All students are encouraged and welcome to join the children's choir.

For more information please contact:

Dr Victoria Khoury on drvictoriajk@ihug.com.au or 0414 547 842.

SMG Bookshop



Please also note that stock is now permanently located in the new cabinets opposite the kitchen.

EFPTOS facility is now available for any purchase at SMG Bookshop.

NOW SELLING

CDs "Out of the Mouths of Infants" (Hymns of the Orthodox Great Feasts for Children) \$15

PENS "Sts Michael and Gabriel Antiochian Orthodox Church" with **stylus** \$5 each or 5 for \$20

For any further information please see Maria Haddad (mhaddad391@gmail.com) or Raymond Haddad (raymondhaddad5@gmail.com)

- Recent release book titles
- New range of jewellery including handmade crosses, bracelets and prayer ropes

Theophany house blessings



We wish you a blessed Theophany.

During the days following the Feast of the Theophany (January 6th), it is customary for the Priest to visit the homes of his parishioners, bringing with him the “blessing Water” for the traditional Theophany House Blessing.

To arrange a house blessing following the Feast, please contact Rev Fr Michal via mobile 0403 847 690 or email parishpriest@smg.org.au.

Please also feel free to contact Fr Michal if you know of any families in the area who may like to meet Father and partake in this important event for our community.

Forgiveness Sunday Vespers

Under the patronage of His Eminence Metropolitan Basilios, Forgiveness Sunday vespers will be celebrated on Sunday the 17th of March 2024 at the Antiochian Orthodox Cathedral of St George - Redfern (Corner of Walker and Cooper Streets, Redfern) at 6:00 pm. We encourage you to attend as we begin Great Lent forgiving one another and asking God to forgive us our sins and offences.